

# News Letter

Uplifting Communities

Caring for Nature



Dear friends, partners and supporters,

Warm greetings from Twinleaf Arakan team!

With your kindness and continuous support, our team made small impactful activities for youths from farming families in this quarter of 2025. Without your all supports; our team would not achieve alone to make this impactful change in our first year of organization birth.

We are excited to share with you our very first quarterly newsletter of this year. Inside, you'll find highlights from the field –activities of our initiative, youth engagement and environmental awareness that are sowing seeds of change within Arakan.

Enjoys reading and we welcome your feedback as we grow together.

With gratitude,  
Twinleaf Arakan Team



## Quarterly news

- “Sowing Hope: Twinleaf ‘s Rainy Season Plot in Action”
- Planting Knowledge, Growing Green Minds for Rural Youths
- A youth-led rooted in community
- Brief about Twinleaf Arakan

“Together, we’re building a more aware, resilient and sustainable future.”

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## “Sowing Hope: Twinleaf ‘s Rainy Season Plot in Action”



- In the lowland areas of Rakhine, heavy rainfall and clay-like soil texture. Often discourage farmers from growing vegetables during rainy season. As a result, many local families have limited access to diverse and nutritious vegetables, especially during monsoon months.
- To address these challenges, the Twinleaf Arakan team have been experimenting with some growing methods in the vegetable test plot. Led by agriculture officer, this small-scale pilot aims to find practical solutions for the local context.
- Two growing methods have been tested:
  - Raised beds with proper drainage channels –to prevent water logging and protect young pants
  - Selective digging – a method that reduces soil erosion, saves labor, and preserves soil structure
  - In addition, we’ve planted local trees around the plot to provide natural shade and windbreak and support biodiversity and ecological balance.

## Planting Knowledge, Growing Green Minds for Rural Youths

Some regions around the world are experiencing the impacts of the climate change more quickly and severely than others. Here where many communities depend directly on natural resources, changing weather patterns pose real and growing challenges.

We believe that environmental education is the first step towards resilience. That’s why we have been working with young people from families, equipping them with knowledge about both global and local environmental issues, and take meaningful actions whether as individuals, within families, or leading change in the communities. Together with our supporters, we are planting the seeds of awareness and cultivating a future that is more sustainable, informed and hopeful for Rakhine and beyond.



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## A youth-led team rooted in community

At Twinleaf Arakan, we are proud to be a youth-led team driven by purpose and passion. Our members include young leaders, educators, environmental passionates and agriculture experts who share a deep connection to the land and people. Together we work hand-in-hand with local communities to create meaningful, lasting change.



**MRAT TWAN**  
Director / Founder  
Environmental Educator

*"Every year, communities in Rakhine facing increasing climate-related challenges. Farmers \_whose lives depend on nature\_ & lack access to modern agricultural knowledge. Youth often become part of the problem due to a lack of awareness. Twinleaf Arakan was born to change that. We promote sustainable agriculture. Improve food security, and engage young people in protecting our environment."*

**KHAING ZAW HTOO**  
Operation Manager /Co-founder



*"I'm passionate about helping smallholder farmers and encouraging young people to see farming as a viable and sustainable future. Our goal is development that benefits both people and planet."*



**PHROE WAI KHINE**  
Finance & Admin Officer

*"The current political and climate conditions have put great strain on our communities. I dream of a future where we value and protect our natural resources. I truly believe Twinleaf Arakan can help make that future a reality."*

**NAING NAING**  
Community Development Coordinator



*"Twinleaf Arakan has the potential to make a real difference. That's why I joined to help create a sustainable, climate-resilient farming community."*



**MA CHO HTAY**  
Agriculture Officer

*"Growing up, I saw how little access my parents and other farmers had to quality agricultural education. Through Twinleaf, I want to close that gap and show young people that sustainable farming is a powerful tool for better livelihoods."*

**SAW MON AYE**  
Finance Assistant



*"Working at Twinleaf is more than just a job. I love being part of a team that works closely with farmers and lives in harmony with nature. It is a joy to learn together and grow together."*

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## Our Vision

“

*A strong and self-sufficient rural Arakan, where farmers use sustainable farming methods, grow enough food for their communities and prepared for environmental challenges.*”

## Brief about us

Twinleaf Arakan is a youth-led non-profit based in Rakhine, Myanmar. We work with small-scale farmers and community youths to promote sustainable agriculture, protect natural resources and build resilient communities. We focus on young people and farmers of all ages, helping them and apply eco-friendly farming methods that secure livelihoods and protect the environment.

Twinleaf Arakan more focuses on the training-based program that aims to empower young farmers and various aged farmers in sustainable farming practices, sustainable food production & consumption, local food security and environmental conservation.

Twinleaf Team have been hard working to emerge a practical learning center in Rakhine State, Myanmar where young farmers generation learn the farming skills, improve good practices for climate action, explore their potential of livelihood opportunities in the local agri-food system.

“

*If you believe in our vision and mission, you are really welcome to collaborate with us on any matters of youths and grassroot farming community development.*”

[Join Us](#)[Click to donate us](#)[Volunteer with Us](#)[Partner with Us](#)

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